

HELEN MG CONSULTING

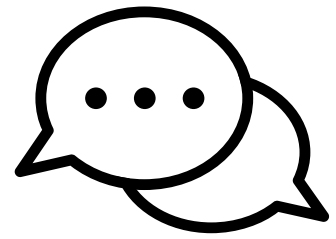
Conversation for Exploration:

Leading Outstanding 1-2-1 Meetings



Helen Woodward | www.helenmgconsulting.com

A Conversation for Exploration



When can you use a conversation for exploration?

A conversation for exploration can be a great ally when:

- Someone floats a new idea
- You want to challenge for a range of possible solutions before committing to the first one
- You're not sure what your colleague is struggling with and want to understand more
- A new opportunity has evolved you want to make the most of
- A tricky issue needs managing

A conversation for exploration doesn't necessarily result in commitment to action or decisions at that time. Sometimes we need time to think through a new opportunity or issue well ahead of a time imperative. You can circle back when you're ready to have a conversation for clarity or commitment about decisions and actions.

Questions to help the conversation can include:

"Tell me more about..."

This starter invites detailed reflection and shows you're genuinely interested in your colleague's experience.

"What's your thinking around..."

This validates professional expertise and creates space for honest reflection.

"In what ways could..."

This opens up multiple possibilities and encourages innovative thinking.

"How might we..."

This creates partnership in finding solutions and emphasises collaborative approach to challenges.

"What would it look like in 6 months time if it was going brilliantly..."

This helps develop a shared background of understanding about what could be possible and what success would look like.

About Helen MG Consulting

Helen Woodward is a leadership coach, consultant and programme designer.

Her clients include Universities, Startup leaders and International School teams. She currently advises Zen Educate on education technical issues, leadership development, local market comms and relationships.



She's held lead roles in national, regional, and local government in the UK.

In her voluntary work she served as a Magistrate and is the Co-founder of Rebuilding Schools Nepal.



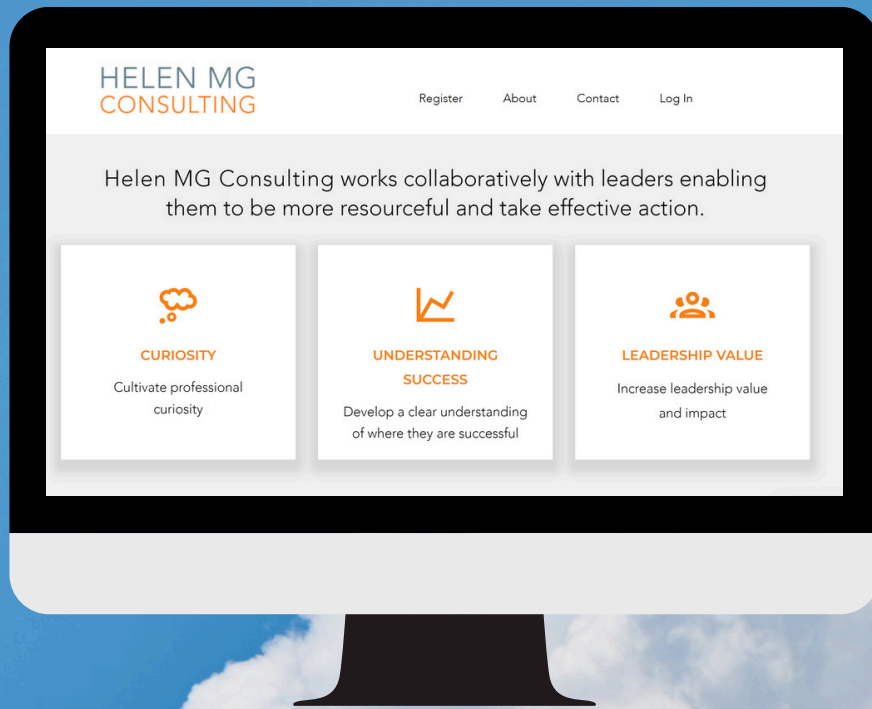
Connect with Helen on LinkedIn (@helenmg)



BONUS RESOURCE

Scan the QR code to get an editable 1-2-1 Meeting Action Log to use and share.

Lead Better Conversations



Whether you're stepping into leadership, looking to build stronger relationships with your team, or aiming to create meaningful change in your department, 'Leading Effective One-to-Ones' will give you the skills and confidence to hold purposeful conversations that drive positive outcomes for your whole team.

Click here for more information

We can arrange for group bookings - [simply contact us](#) to get the ball rolling.